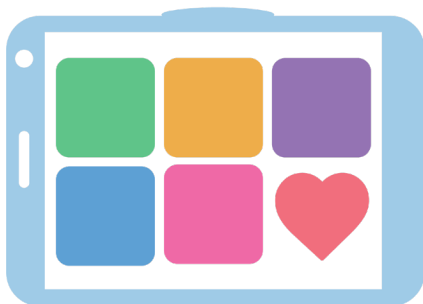




Vis-À-Vis Health

LiveCare Link+ User Guide

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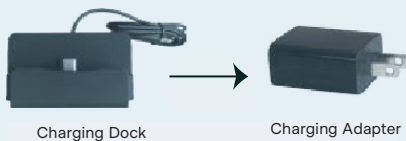


Link+ User Guide



Setup the Link+

1



Step 1: Set Up the Charging Dock

To set up your charging dock, connect the charging cable and adapter to a power or wall outlet.

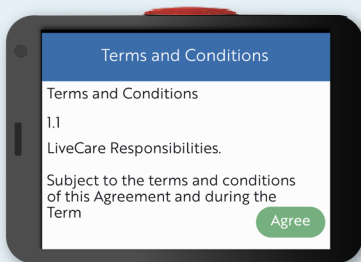


Step 2: Power On Link+

Next, plug the Link+ into the charging dock. The Link+ will automatically power on, and the LiveCare logo will appear on the screen. (This process could take up to 2 minutes.)

Note: Always leave the Link+ on the charging dock.

3



Step 3: Accept Terms and Conditions

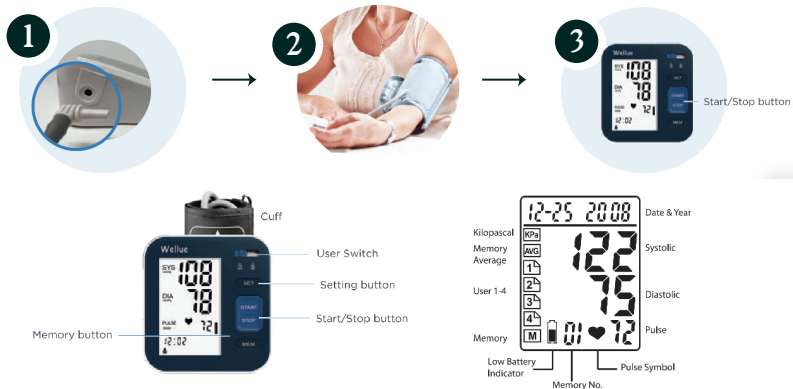
Once the Link+ powers on, please accept LiveCare Terms and Conditions and RPM Consent Form.



Step 4: Your Link+ is Ready!

Your Link+ is set up and ready to take your vital signs.

How to Take Blood Pressure



Step 1: Connect Blood Pressure Cuff

Insert the connector with cuff tube into the air socket located on the left side of the blood pressure monitor. (See picture)

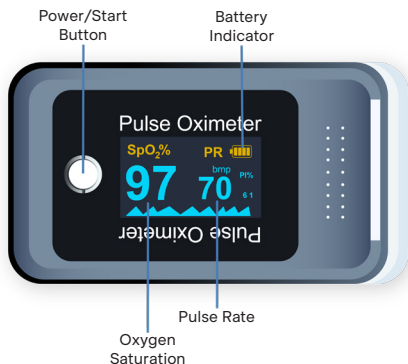
Step 2: Wrap cuff around your arm

Rest your left arm flat on the table or arm of a chair. Make sure cuff is heart level with your heart.

Step 3: Press the “Start” button

Press the “Start” button, and the Blood Pressure Monitor will begin to take your blood pressure. Once it has finished, it will automatically send your information via the Link+.

How to Take Pulse



Step 1: Press the “Start” button

Place the Pulse Oximeter on the finger. (See Proper Usage Recommendations)

Press the “Start” button, and the Pulse Oximeter will begin to take your pulse. Once it has finished, it will automatically send your information via the Link+.

Step 2: Remove Pulse Oximeter from finger

Once complete, remove Pulse Oximeter from your finger. The Pulse Oximeter will automatically power off after 5 seconds,

Emergency Response Feature



Step 1: Press red emergency button

On the Link+ device, press the red emergency button and hold for 2 seconds to call for help.



Step 2: Confirmation screen

After holding down the emergency button you will see a confirmation screen asking if you have an emergency. If the request did not go through, you will see a screen prompting you to call 911.

Proper Usage Recommendations

- 1 Proper usage of your Blood Pressure Monitor and Pulse Oximeter is very important for taking accurate vitals

Blood Pressure Monitor

Don't eat or drink anything in the half hour before you take your blood pressure.

Sit in a comfortable chair with your back supported for at least 5 minutes before your reading.

Make sure the Blood Pressure Cuff is snug but not too tight. The cuff should be against your bare skin, or over thin clothing.

Pulse Oximeter

Try not to move when taking pulse oxygen to prevent abnormal readings.

Place Pulse Oximeter on middle finger or ring finger for the most accurate reading.

Make sure hands are not too hot or cold before taking reading.



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